

Church Contact Details

METHODIST

Superintendent Minister: Rev David Milner

(day free of duties: Friday) 1 Lamley Gardens, Penrith CA11 9LR

☎ 01768 863209 ✉ dave@revmilner.plus.com



Circuit Pastor (part time): Rev Keith Speck *(day free of duties: Saturday)*

The Manse, Kirkoswald, Penrith, CA10 1EW

☎ 01768 898257 ✉ keithspck1@gmail.com

Church Steward: Mr John de la Mare ☎ 01434 382338

🌐 www.eastofedenmc.org.uk 📘 [facebook.com/alstonmoormethodistchurch](https://www.facebook.com/alstonmoormethodistchurch)

ROMAN CATHOLIC

Parish Priest: Fr John Winstanley *(usual day off: Monday)*

St Catherine's Rectory, Drovers Lane, Penrith CA11 9EL

☎ 01768 862273 ✉ penrithrc@btinternet.com



Local Contact: Anne & Paul Parkin ☎ 01434 381704

🌐 www.stcatherinepenrith.org.uk

QUAKERS

Carol Graham ☎ 01388 517145

✉ hillhouseeast@yahoo.co.uk

Antony Christie ☎ 01434 381633

✉ antonychristie@aol.com

Kate Webb ☎ 01434 381562

✉ kate.webb@yahoo.co.uk



CHURCH OF ENGLAND

Vicar: the Revd Mark Nash-Williams *(usual day off: Monday)*

The Parsonage, Brampton Road, Alston, Cumbria CA9 3AA

☎ 01434 382558 ✉ vicar@alstonmoorcofe.org.uk



Churchwardens:

Alston Andy Morsman 382251

Garrigill Vacant – contact one of the other Wardens

Kirkhaugh Richard Graham 381367

Knaresdale Irene Boyles 381388 Carol Grieves 382472

Nenthead Madeleine Harris 382144 James Caspian 381055

Lambley Vacant – contact one of the other Wardens

🌐 www.alstonmoorcofe.org.uk 📘 [facebook.com/alstonmoorchurches](https://www.facebook.com/alstonmoorchurches)

Methodist Services



Our Sunday Services are usually held at 11am at St Wulstan's.

- 1st Peter Bowes
5pm Nenthead Pennine Praise
- 8th Rev Keith Speck
- 15th Carolyn Dickinson
- 22nd Bible Sunday Holy Communion Mary Elliot
- 29th David Pepin (Don't forget to change your clocks!)

Like our Facebook Page - Alston Moor Methodist Church
Meeting for vital prayer every Tuesday at 9 am Old Meadow Barns
Alpha Course continuing every Wednesday at 6.30 pm in The Chat Room
Contacts: John and Pauline de la Mare 01434 382338

Quaker Meeting for Worship



Quaker Meeting for Worship continues to take place
every FOURTH SUNDAY of the month at 10.30am, throughout the year.

Everyone most warmly welcome to join us for an hour of silent, reflective
worship at these times.

Roman Catholic Mass

St Wulstan's, Kings Arms Lane, Alston, CA9 3JF

Every Saturday 6.00 pm Vigil Mass,
Confessions available from 5.30 pm



Please refer to the web site www.stcatherinepenrith.org.uk
for further information on services at St Catherine's Penrith
and Our Lady of Appleby with Kirkby Stephen.

Read more about us on p25

Church of England services & events



Worship and Prayer in October

Sunday, 1st October (1st Sunday)

9.30 am	Holy Communion (BCP)	Holy Paraclete, Kirkhaugh
11.00 am	Prayer & Praise	St Augustine, Alston (<i>also livestream</i>)

Sunday, 8th October (2nd Sunday)

9.30 am	Morning Prayer	St John, Nenthead
11.00 am	Sung Communion	St Augustine, Alston (<i>also livestream</i>)
3.00 pm	Songs of Praise	St Jude, Knaresdale

Sunday, 15th October (3rd Sunday)

9.30 am	Holy Communion	St John, Nenthead
11.00 am	Prayer & Praise	St Augustine, Alston (<i>also livestream</i>)
6.00 pm	Taizé Evensong (BCP)	Holy Paraclete, Kirkhaugh

Sunday, 22nd October (4th Sunday)

9.30 am	Morning Prayer	St John, Nenthead
11.00 am	Sung Communion	St Augustine, Alston (<i>also livestream</i>)
3.00 pm	Holy Communion	Ss Mary & Patrick, Lambley

Sunday, 29th October (5th Sunday)

9.30 am	Said Communion	St Augustine, Alston
11.00 am	All Age Celebration	Livestreamed on Zoom & YouTube (<i>also in St Augustine's</i>)

Weekday Services

Morning, Evening & Night Prayer

- Morning Prayer: Wed-Sat, 9am St Augustine's & on Zoom
- Evening Prayer: Wed, Thu & Sat, 5pm St Augustine's & on Zoom
- Fridays, 6pm St John's, Nenthead
- Night Prayer: Fridays, 9pm Zoom

Informal Holy Communion

- Every Thursday, 12 noon Chat Room, Alston

Sunday services online

- Join us at 11am weekly on **Zoom** using the app – or, with an ordinary phone, dial 0203 051 2874. The **Meeting ID code** is **357 123 751**.
- Or find us on **YouTube** – youtube.com/@AlstonMoorParishChurches
- Download the orders of service from alstonmoorcofe.org.uk/worship and the notice sheet from alstonmoorcofe.org.uk/whatson

Prayer requests and virtual candles



If you would like someone to pray for or with you, phone Mark on 01434 382558 or email pray@alstonmoorcofe.org.uk

Light a candle at churchofengland.org/our-faith/light-candle

Supporting your parish churches financially

To make a one-off online donation, go to alstonmoorcofe.org.uk/donate. To make a regular donation, ask Mark or a Churchwarden who your church treasurer is.



Do you shop online? Help us for free!

Simply join easyfundraising.org.uk and select your favourite church as your cause.



October Dates for your Diary

Mondays, 6.30 pm **Parish Prayer Group** *Chat Room, Alston*
details from Richard Pattison

Wed 18th, 7.30 pm **Open meeting – worship review** *Parsonage & Zoom*

Sat 28th, 10.00 am **St Jude's Coffee Stop** *Knarsdale w Kirkhaugh VH*

St Jude's Church, Knarsdale 

Songs of Praise

 Sunday 8th October,
3:00 p.m.

Come and sing your favourite hymns!

Noty Paraclete Church, Kirkhaugh 

Evensong
with music from Taizé

 Sunday 15th October,
6:00 p.m.

A wonderful space for quiet contemplation