

Church Contact Details

METHODIST

Superintendent Minister: Rev David Milner

(day free of duties: Friday) 1 Lamley Gardens, Penrith CA11 9LR

☎ 07597 639314 ✉ dave@revmilner.plus.com



Lay Pastoral Worker: Dean Lawson Phone: 07897 736024

Email: laypastor@penrithmethodist.co.uk

Church Steward: Mr John de la Mare ☎ 07802 709320

🌐 www.eastofedenmc.org.uk 📄 facebook.com/alstonmoormethodistchurch

ROMAN CATHOLIC

Parish Priest: Fr John Winstanley *(usual day off: Monday)*

Deacons; Rev. Charlie Conner, Rev. David Greaves

St Catherine's Rectory, Drovers Lane, Penrith CA11 9EL

☎ 01768 862273 ✉ penrithrc@btinternet.com

Local Contact: Anne & Paul Parkin ☎ 01434 381704

🌐 www.stcatherinepenrith.org.uk



QUAKERS

Carol Graham ☎ 01388 517145

✉ hillhouseeast@yahoo.co.uk

Antony Christie ☎ 01434 381633

✉ antonychristie@aol.com

Kate Webb ☎ 01434 381562

✉ kate.webb@yahoo.co.uk



CHURCH OF ENGLAND

Vicar: the Revd Mark Nash-Williams *(usual day off: Monday)*

The Parsonage, Brampton Road, Alston, Cumbria CA9 3AA

☎ 01434 382558 ✉ vicar@alstonmoorcofe.org.uk



Churchwardens:



Alston Andy Morsman 07375 905246

Garrigill Vacant – contact one of the other Wardens

Kirkhaugh Richard Graham 381367

Knaresdale Irene Boyles 381388 Carol Grieves 382472

Nenthead Madeleine Harris 382144 Simon Crossley 200241

Lambley Vacant – contact one of the other Wardens

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Methodist Services



All services at 11.00 am in St Wulstan's, unless otherwise stated.

- 2 Local Arrangement
5 pm at The Hive, Nenthead - Pennine Praise
- 9 Rev Mary Elliot Holy Communion
- 16 Rev Dave Milner followed by Church Council
- 23 Mr David Pepin
- 30 Mothering Sunday - Mrs Jan Blackshaw

Quaker Meeting for Worship



Quaker Meeting for Worship continues to take place every FOURTH SUNDAY of the month at 10.30am, throughout the year

Everyone most warmly welcome to join us for an hour of silent, reflective worship at these times.

Roman Catholic Mass

St Wulstan's, Kings Arms Lane, Alston, CA9 3JF

Vigil Mass every Saturday as usual throughout Lent at 6.00pm
with confessions available from 5.30pm

Ash Wednesday 5 March - Service of the Word with the
distribution of blessed Ashes 6.00pm

Stations of the Cross in every Thursday in Lent at 4.00pm
Holy Week:

Saturday 12 April Palm Sunday Vigil Mass at St. Wulstan's
with the blessing of Palms 6.00pm

Maundy Thursday 17 April at St. Catherine's Penrith
Mass of the Lord's Supper 7pm

Good Friday 18 April at St. Wulstan's. Liturgy of the Passion 3.00pm

Holy Saturday 19 April at St. Wulstan's Vigil Mass of Easter 6.00pm

Ecumenical Service at Grisedale Croft

A relaxed, informal service, on Thursday 13th March 1.30 pm

World Day of Prayer 7th March St Wulstan's 2.30pm

Church of England services & events



Worship and Prayer in March

Sunday, 2nd March (*1st Sunday in the month*):

9.30 am Holy Communion (BCP) Holy Paraclete, Kirkhaugh
11.00am Sung Communion St Augustine, Alston (*also livestream*)

Wednesday, 5th March – Ash Wednesday

6.00pm Holy Communion with Ashing

St Augustine, Alston (*also livestream*)



Sunday, 9th March (*2nd Sunday in the month*):

9.30am Morning Prayer St John, Nenthead
11.00am Sung Communion St Augustine, Alston (*also livestream*)

Friday, 14th March

6.30pm Praying for Peace

St Jude, Knaresdale

Sunday, 16th March (*3rd Sunday in the month*):

9.30am Morning Prayer St John, Nenthead
11.00am Sung Communion St Augustine, Alston (*also livestream*)
3.00 pm **Praying for Peace** St John, Garrigill

No Evensong in Kirkhaugh this month

Sunday, 23rd March (*4th Sunday in the month*):

9.30am Holy Communion St John, Nenthead
11.00am Prayer & Praise St Augustine, Alston (*also livestream*)
3.00pm Evening Prayer Ss Mary & Patrick, Lambley

Sunday, 30th March (*5th Sunday in the month*):

9.30am Said Communion St Augustine, Alston
11.00am **Special Event (details t.b.c.)

Sunday services online

- Join us at 11am weekly on **Zoom** using the app – or, with an ordinary phone, dial 0203 051 2874. The **Meeting ID code** is **357 123 751**.
- Or find us on **YouTube** – [youtube.com/@AlstonMoorParishChurches](https://www.youtube.com/@AlstonMoorParishChurches)
- Download the orders of service from alstonmoorcofe.org.uk/worship and the notice sheet from alstonmoorcofe.org.uk/whatson

Regular Weekday services

Morning, Evening & Night Prayer

- Morning Prayer: Wed-Sat, 9am St Augustine's & on Zoom
- Evening Prayer: Wed, Thu & Sat, 5pm St Augustine's & on Zoom
Fridays, 6pm St John's, Nenthead
- Night Prayer: Fridays, 9pm Zoom

Informal Holy Communion

- Every Thursday, 12 noon Chat Room, Alston

Prayer requests and candles



If you would like someone to pray for or with you, phone Mark on 01434 382558 or email pray@alstonmoorcofe.org.uk

Light a candle at churchofengland.org/our-faith/light-candle, or in any of our parish churches

Ways to support your parish churches financially

- ✓ Make a one-off donation at alstonmoorcofe.org.uk/donate
- ✓ Speak to a Churchwarden, a Treasurer or Mark about regular donations
- ✓ Join easyfundraising.org.uk and select your favourite church as your cause. *Thank you!*



Sharing friendship and hospitality

Sun 16th, 10am-3pm **Coffee Shop**

Garrigill Village Hall

Sat 29th, 10am

St Jude's Coffee Stop

Knaresdale w Kirkhaugh VH

The Chat Room, bottom of Front Street, next to Mad Hatters. Open all year, for a safe space, a warm welcome, a cuppa and a chat. Whether you need a moment's break from the weather, or an hour of company and deeper conversation, the hosts are always pleased to see you.

Our Spring opening hours are Tuesday to Friday, 10-12.
We have a soup lunch Tuesdays at 12 noon (except for the first Tuesday Cumberland Community Lunch).