

## **Safeguarding**

We are committed to the safeguarding of children, young people and adults, to the care and nurture of everyone who is involved in the life of our church families, and to promoting the wellbeing of everyone in the wider communities which we serve.

If you are concerned that a child or adult has been harmed or may be at risk of harm please speak to our safeguarding officer, Karen Morsman

([karen@alstonmoorcofe.org.uk](mailto:karen@alstonmoorcofe.org.uk) or 07930 433407), or Andy

([curate.andy@alstonmoorcofe.org.uk](mailto:curate.andy@alstonmoorcofe.org.uk) or 07375 905246), or contact the Diocesan Safeguarding Adviser (see website or noticeboards).

If you have immediate concerns about the safety of someone, please contact the police and your local authority Children or Adults Services at once.

For more information and our Safeguarding Policy, see our noticeboards or

[alstonmoorcofe.org.uk/safeguarding](http://alstonmoorcofe.org.uk/safeguarding)

Please drop Andy a message if you know of any important events coming up soon – or if you have any prayer requests/ intercessions, thanks.

## **Services in February**

✘ Sunday 15<sup>th</sup>, Sunday last before Lent, Revd Steve Wright

✘ Wednesday 18<sup>th</sup>, Ash Wednesday 6pm  
Bishop Helen-Ann to preside

✘ Sunday 22<sup>nd</sup>, Lent 1, Revd Phillip Greenhalgh (Alston & Nenthead)

### **Ash Wednesday Service**

Would someone please organise some refreshments after the service on Wednesday evening please!!

## **Sunday 15th February 2026**

### **Sunday next before Lent**

#### **This week's readings**

##### **Exodus 24.12-18**

This passage tells of one of the key episodes in the Old Testament story. It is the occasion when God makes his solemn bond of faith with his people, and the vision of his glory seals it.

##### **2 Peter 1.16-21**

We have here the only reference outside the Gospels to the story of Jesus' Transfiguration, which the writer sees as putting the stamp of authority on Jesus' whole mission.

##### **Matthew 17.1-9**

A strange story which points ahead to Jesus' resurrection glory but also endorses him as in the succession to (and greater than) Israel's two greatest spokesmen for God, Moses and Elijah.

#### **Thoughts for prayer & reflection:**

- ✘ We reflect on the unbreakable bond between God and ourselves, his beloved creation and his people.
- ✘ What do we see as signs of Jesus' authority?
- ✘ We thank God for giving himself so unstintingly in the person of Jesus.

### **Ash Wednesday Eucharist**

**Wednesday 18<sup>th</sup> February**

**St Augustine's 6pm**

**President – Bishop Helen Ann, Bishop of Newcastle**

**An opportunity for self-reflection  
before Lent and Easter**



### **Collect**

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with  
him  
and be changed into his likeness, from glory  
to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power to  
change and save.  
This we ask through Jesus Christ our Lord

### **Daily Offices**

n.b. Morning/Evening Prayer may not always  
take place

- Morning Prayer (9am Wed-Sat)
- Evening Prayer (5pm Wed, Thu, Sat) in St Augustine's, Alston and Zoom
- Evening Prayer, 6pm Fridays in St John's, Nenthead ·
- Night Prayer, 9pm Fridays on Zoom The Meeting ID code is 357 123 751
- Holy Communion, 12pm Thursdays in the Chat Room

### **Sunday services online**

Join us at 11am weekly on Zoom using  
the app – or, with an ordinary phone,  
dial 0203 051 2874. The Meeting ID  
code is 357 123 751

Or find us on YouTube –  
[youtube.com/@AlstonMoorParishChurches](https://www.youtube.com/@AlstonMoorParishChurches)

### **This week's meetings and information**

Tues 17<sup>th</sup> Lent Lunch ChatRoom 12.00  
Wed 18<sup>th</sup> Ash Wednesday Eucharist -  
Bishop Helen Ann 6pm St. Augustines

### **This month the church remembers:**

15 Sigfrid, Bishop, Apostle of Sweden, 1045  
15 Thomas Bray, Priest, Founder of the SPCK and the SPG, 1730  
17 Janani Luwum, Archbishop of Uganda, Martyr, 1977  
23 Polycarp, Bishop of Smyrna, Martyr, c.155  
27 George Herbert, Priest, Poet, 1633