

Psalm 31.9-16

Refrain:



- ⁹ Be gracious to me, O Lord, for I am in distress;
my eye wastes away from grief,
my soul and body also.
- ¹⁰ For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away. *R*
- ¹¹ I am the scorn of all my adversaries,
a horror to my neighbours,
an object of dread to my acquaintances;
those who see me in the street flee from me. *R*
- ¹² I have passed out of mind like one who is dead;
I have become like a broken vessel.
- ¹³ For I hear the whispering of many—
terror all around!—
as they scheme together against me,
as they plot to take my life. *R*
- ¹⁴ But I trust in you, O Lord; I say, 'You are my God.'
- ¹⁵ My times are in your hand;
deliver me from the hand of my enemies
and persecutors.
- ¹⁶ Let your face shine upon your servant;
save me in your steadfast love. *R*

Home Communion



Please let Mark know of anyone who would appreciate receiving Holy Communion at home over Easter – or any other time.

Supporting your parish church financially

To make an online donation, go to www.alstonmoorcofe.org.uk/donate, or ask Mark or your church treasurer for our bank account details.



Support your church by shopping online!



Register at www.easyfundraising.org.uk, and we'll receive a donation whenever you shop via EasyFundraising

This week the Church celebrates ...

- 16th Isabella Gilmore, Deaconess, 1923
17th Maundy Thursday
18th Good Friday
20th EASTER SUNDAY

PARISH OF ALSTON MOOR

Sunday, 13th April
Palm Sunday



Notices for the coming week

This week's readings

Palm Gospel: Luke 19.28-40

Luke's account of Jesus' entry into Jerusalem

Philippians 2.5-11

Paul uses this early Christian hymn as a summary of faith – a creed. Perhaps we should see all creeds as 'hymns': poetic acts of praise, not 'legalese'. The hymn tells of Christ's humility, putting aside heavenly status to accept human life at its most degraded. His triumphant reward is the source of our own confidence in God.

Passion Gospel: Luke 23.1-49

Luke's Passion moves our hearts and nourishes our characters. In extremis Christ shows three exemplary qualities. First, he asks forgiveness for his executioners. Second, he makes his last convert, the penitent thief. Third, he dies surrendering himself in confidence to God, as son to father. Rightly, the bystanders are moved.

Thoughts for prayer & reflection:

- ✘ Good comes out of evil, especially when we accept its onslaught.
- ✘ It is in venturing all, that we have the chance of the greater gain to our inner selves.
- ✘ We may do most good in bad times by steadfastly holding on to the course of generosity.

Maundy Thursday Readings

Ex 12.1-10,11-14; 1 Cor 11.23-26; Jn 13.1-17,31b-35

Next Week's Readings

1 Corinthians 15.19-26; Acts 10.34-43; Luke 24. 1-12

Collect for this week

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross:
grant that we may follow the example of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit,
one God, now and for ever. Amen.

or

True and humble king, hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you on
the way of the cross, which is the path of glory. Amen.

Calendar for the coming week

Zoom details:

For services, the Zoom ID is 357 123 751;
for meetings, the Zoom ID is 864 7631 4432

Sunday services on Zoom can also be found at
www.youtube.com/@AlstonMoorParishChurches

You can download orders of service, readings, hymns
etc from www.alstonmoorcofe.org.uk/worship

Sunday 13th April – Palm Sunday

- 9.30 am Morning Prayer *St John, Nenthead*
11.00 am Sung Eucharist with Blessing of Palms
St Augustine, Alston, & Zoom
12.15 pm Alston DCC *St Augustine, Alston*

Tuesday, 15th April

12. noon Lent lunch and group *Chat Room, Alston*

Wednesday 16th April

- 9.00 am Morning Prayer *St Augustine, Alston & Zoom*
focus: peace
5.00 pm Evening Prayer *St Augustine, Alston & Zoom*
focus: environment

Thursday, 17th April – Maundy Thursday

- 9.00 am Morning Prayer *St Augustine, Alston & Zoom*
11.00 am Chrism Mass *St Nicholas Cathedral*
12. noon Holy Communion *Chat Room, Alston*
5.00 pm Evening Prayer *St Augustine, Alston & Zoom*
7.30 pm Last Supper & Vigil *St John, Garrigill*

Friday, 18th April – Good Friday

- 9.00 am Morning Prayer *St Augustine, Alston & Zoom*
11.00 am Prayers at the Cross *outside Alston Town Hall*
3.00 pm Last Hour (RC) *St Wulstan, Alston*
6.00 pm Evening Prayer *St John, Nenthead*
9.00 pm Night Prayer *Zoom*

Saturday, 19th April – Holy Saturday/Easter Eve

- 9.00 am Morning Prayer *St Augustine, Alston & Zoom*
5.00 pm Evening Prayer *St Augustine, Alston & Zoom*
focus: parish vision & mission
8.30 pm Easter Liturgy *St John, Nenthead*

Sunday 20th April – Easter Sunday

- 9.30 am Easter Eucharist *St Jude, Knaresdale*
9.30 am Easter Eucharist *St John, Garrigill*
11.00 am Easter Eucharist *St Augustine, Alston & Zoom*
12. noon Hymns at the Cross *outside Town Hall*
3.00 pm Easter Eucharist *Ss Mary & Patrick, Lambley*
6.00 pm Taizé Eucharist (BCP) *Holy Paraclete, Kirkhaugh*

New electoral roll



This year we're preparing a new electoral roll, so if you wish to vote, or stand, in church elections, you'll need to sign up again.

Please collect a form from church, or download from the website www.alstonmoorcofe.org.uk/whatson and return it to Julie Coonan, Swan's Head, Townhead, Alston by Wednesday 23rd April.

Wanted – Churchwardens!

Annual meeting time is approaching, and we have several vacancies for Churchwardens. If this is a role you would be interested in exploring – or if you are considering standing for the PCC or a DCC, please have a word with Mark or one of the existing Wardens. It can be very rewarding!

The April issue of

FAITH IN THE MOOR is out!

alstonmoorcofe.org.uk/fitm



May theme: **Stone** – deadline 18th April



The Spring issue of the diocesan **LINK** is available at www.newcastle.anglican.org/link

Holy Week & Easter 2025

Holy Week



Saturday (12th April)

6.00 pm Vigil Mass with Blessing of Palms (RC) *St Wulstan, Alston*

Palm Sunday (13th April)

9.30 am Morning Prayer (C of E) *St John, Nenthead*
10.00 am Sunday Service with procession (Methodist) *St Oswald, Kirkoswald*
11.00 am Holy Communion w. Blessing of Palms (C of E) *St Augustine, Alston*

Maundy Thursday (17th April)

12.00 pm Informal Holy Communion *Chat Room, Alston*
4.00 pm Stations of the Cross *St Wulstan, Alston*
7.00 pm Mass of the Lord's Supper (RC) *St Catherine, Penrith*
7.30 pm Last Supper, Stripping of Altar, Vigil (C of E) *St John, Garrigill*

Good Friday (18th April)

11.00 am Prayer Cross (hymns, prayers, passion reading) *by Alston Town Hall*
3.00 pm Liturgy of the Passion (RC) *St Wulstan, Alston*

Easter

Holy Saturday / Easter Eve (19th April)

6.00 pm Vigil Mass of Easter (RC) *St Wulstan, Alston*
8.30 pm Easter Vigil (C of E) with First Communion of Easter *St John, Nenthead*

Easter Sunday (20th April)

6.00 am Sunrise Communion (Methodist) & breakfast *Cottage Wood, Calthwaite*
9.30 am Easter Communion (C of E) *St Jude, Knaresdale*
9.30 am Easter Communion (C of E) *St John, Garrigill*
11.00 am Easter Communion (Methodist) *St Wulstan, Alston*
11.00 am Easter Communion (C of E) *St Augustine, Alston*
12.00 pm Easter hymns at the Cross *Outside the Town Hall*
3.00 pm Easter Communion (C of E) *Ss Mary & Patrick, Lambley*
6.00 pm Easter Communion (C of E – BCP) *Holy Paraclete, Kirkhaugh*

