

Living with Covid 19

Prayer requests and candles

Please phone Mark, or email or text prayer requests to pray@mailmark.co.uk or 07474 830229.

Light a virtual candle www.churchofengland.org/life-events/funerals/light-candle or www.redemptorists.net/light-a-candle-online/

Pastoral care

If you know anyone who needs pastoral care, please let me know. I'm always happy to talk, or listen.

Alston Moor Support Phone Number

For support with shopping, prescriptions and other NON medical help, phone **01434 647247**



Practical support

For support, advice, to get supplies or prescriptions delivered etc, see www.alstonmoorhealth.org
N.B. the Alston Essentials Van is no longer running (but do contact us if you still need deliveries).

Alston Moor Food Bank

For the **Alston Moor Food Bank** phone 07890 345901 or email alstonfoodbank@gmail.com

Financial help

The Alston United Charities exists to help residents of Alston, Garrigill and Nenthead. Help may also be available for those in Knarsdale and Kirkhaugh from the John Stephenson trusts. Contact Mark, or email charities@alstonmoorcofe.org.uk for details.



Acknowledgements

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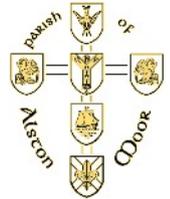
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Parish of Alston Moor

Sunday, 22nd November :
Christ the King



Notices for this week

This week's readings

Ezekiel 34.11-16

Shepherds were not particularly well seen in ancient Israel. Yet God speaks of himself as shepherd of his people; and the kings of Israel are judged on how well they shepherd their human flock.

Ephesians 1.15-23

The Old Testament hopes now centre on Jesus, who is shown as the culmination of all God's purposes. We have a picture of triumph and fulfilment

Matthew 25.31-46

Matthew speaks of Christ in majesty, judging the nations on the basis of how they treat 'the least of these'. Not a comfortable image - but it's not for us to presume to judge who are sheep, who are goats.

Thoughts for prayer & reflection

- ✘ Pray for the grace to recognize the majesty and victory of Christ.
- ✘ Christ 'rules' by love: can we accept such kingship?
- ✘ We are glad to be called to worship God, our maker and redeemer.

Collect for this week

Eternal Father,
whose Son Jesus Christ ascended to the throne of heaven
that he might rule over all things as Lord and King:
keep the Church in the unity of the Spirit
and in the bond of peace,
and bring the whole created order to worship at his feet;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Next week's readings

Isaiah 64.1-9; 1 Corinthians 1.3-9; Mark 13.24-37



Find this notice sheet each week at

www.alstonmoorcofe.org.uk/whatson

or see the Parish Calendar at

www.alstonmoorcofe.org.uk/calendar

www.facebook.com/alstonmoorchurches



Calendar for this week

Despite Covid-19, the Church is alive and well: finding new ways to worship, pray and serve the community.

This week we will be meeting, live or online using Zoom (<https://zoom.us>) as follows:

Password is always 111 - if it doesn't work, keep trying!

Sunday 22nd November – Christ the King

11.00 am Online Prayer & Praise ID 357 123 751

Thursday 26th November

12.00 pm Deanery Chapter (clergy meeting –Zoom)

Saturday 28th November

10.00 am Diocesan Synod (Zoom)

Sunday 29th November – First Sunday of Advent

11.00 am “Longing for Light” –

All Age service for Advent ID 357 123 751



This week the Church gives thanks for...

22nd Cecilia, Martyr at Rome, c.230

23rd Clement, Bishop of Rome, Martyr, c.100

25th Catherine of Alexandria, Martyr, 4th century

25th Isaac Watts, Hymn Writer, 1748

Open for private prayer

All our parish churches are now open for private prayer and reflection:

St Augustine, Alston:

Wed & Sun, 10am-dusk

All the other churches:

open all day, every day



Green Tip of the Week

November - Around the home

Find out if you have any unfilled cavity walls and (if yes) have them filled. This extra insulation can make a significant difference to the comfort of your home and save over 1 tonne of CO2e.

Weekday Services (Zoom ID 357 123 751)

- ✘ Wednesday-Saturday, 9am: Morning Prayer
- ✘ Tuesday-Saturday, 5pm: Evening Prayer
- ✘ Friday, 9pm: Night Prayer (Compline)

Supporting your parish church financially

During lockdown we can't fundraise or receive collections – but we still have costs to meet. To make a donation, go to our Online Giving Page (www.alstonmoorcofe.org.uk/donate)

Or to set up a standing order, please ask Mark or your church treasurer for our bank account details.



Our Archbishops have called for November to be a Month of Prayer for the Nation. Pray with others across England at 6pm, or with us at Evening Prayer at 5pm.

Suggested themes for prayer:

- Sun:** Family, friends and loved ones
- Mon:** Schools & colleges, children & young people
- Tues:** Elderly, isolated and vulnerable
- Wed:** Businesses, the workplace, economic wellbeing
- Thur:** The NHS and other key workers
- Fri:** National and Local government
- Sat:** All who are grieving, and all suffering with physical and mental ill-health

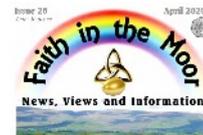
Find daily prayers and downloadable resources at www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches/call-prayer-nation



The November issue of the **LINK** is out!

newcastle.anglican.org/link

The November issue of **FAITH IN THE MOOR** is out too alstonmoorcofe.org.uk/fitm



On our website,

www.alstonmoorcofe.org.uk/worship you will find:

- ✘ readings and hymns for the coming Sunday
- ✘ readings for Morning and Evening Prayer
- ✘ booklets for Morning, Evening and Night Prayer
- ✘ Richard Pattison's pilgrimage now online!
- ✘ orders of service for the next few weeks

Download what you need, or ask for a printed copy