

Living with Covid 19

Prayer requests and candles

Please phone Mark, or email or text prayer requests to pray@mailmark.co.uk or 07474 830229.

Light a virtual candle www.churchofengland.org/life-events/funerals/light-candle or www.redemptorists.net/light-a-candle-online/

Pastoral care

If you know anyone who needs pastoral care, please let me know. I'm always happy to talk, or listen.

Practical support

For support, advice, to get supplies or prescriptions delivered etc, see www.alstonmoorhealth.org
N.B. the Alston Essentials Van is no longer running (but do contact us if you still need deliveries).

Alston Moor Food Bank

For the Alston Moor Food Bank phone 07890 345901 or email alstonfoodbank@gmail.com

Financial help

The Alston United Charities exists to help residents of Alston, Garrigill and Nenthead. Help may also be available for those in Knarsdale and Kirkhaugh from the John Stephenson trusts. Contact Mark, or email charities@alstonmoorcofe.org.uk for details.

Supporting your parish church financially

During lockdown we can't fundraise or receive collections – but we still have costs to meet. To make a donation, go to our Online Giving Page (www.alstonmoorcofe.org.uk/donate)

Or to set up a standing order, please ask Mark or your church treasurer for our bank account details.



Acknowledgements

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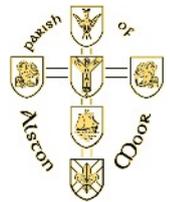
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Parish of Alston Moor

Sunday, 25th October :
Last after Trinity / Bible Sunday



Notices for this week

This week's readings

Nehemiah 8.1-6, 8-12

After the exile of leading Jews to Babylon in the sixth century BC, the return over a century later was marked by a new focus on the sacred books of the Law (which became the first five books of our Old Testament). They were becoming the heart and symbol of Israel's life.

Colossians 3.12-17

Paul gives a serene and happy picture of the Christian common life: virtues crowned with love and the singing of joyful songs of faith. Maybe Colossians 1.15-20 was one of them.

Matthew 24.30-35

Jesus foretells his return as part of the drama of the end of the present world order – but his teaching will endure through everything that happens in the process.

Thoughts for prayer & reflection:

- ✘ What is the core of your identity as a Christian?
- ✘ Can we enter into the joyful picture of shared Christian life painted by Paul?
- ✘ In what spirit do we look to the future of God's world? Hope? Trust? Indifference?

Collect for this week

Blessed Lord, who caused all holy Scriptures to be written for our learning:
help us so to hear them,
to read, mark, learn and inwardly digest them
that, through patience,
and the comfort of your holy word,
we may embrace and for ever hold fast
the hope of everlasting life,
which you have given us in our Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Next week's readings

Revelation 7.9–17; 1 John 3.1–3; Matthew 5.1–12

Find this notice sheet each week at
www.alstonmoorcofe.org.uk/whatson
or see the Parish Calendar at
www.alstonmoorcofe.org.uk/calendar
www.facebook.com/alstonmoorchurches



Calendar for this week

Despite Covid-19, the Church is alive and well: finding new ways to worship, pray and serve the community.

This week we will be meeting, live or online using Zoom (<https://zoom.us>) as follows:

Password is always 111 - if it doesn't work, keep trying!

Sunday 25th October – Bible Sunday

- 9.30 am Said Communion *St Augustine, Alston*
11.00 am Online Holy Communion ID 357 123 751
3.00 pm Leadership Team meeting ID 864 7631 4432
6.00 pm Service of Hope & Thanksgiving
St Augustine, Alston

Wednesday 28th October

- 7.30 pm Annual Meeting (APCM) ID 864 7631 4432

Thursday 29th October

- 11.00am Funeral of Ruby Armstrong
St Augustine, Alston

Sunday 1st November – All Saints day

- 9.30 am Said Communion *St Augustine, Alston*
11.00 am "Marching In" - All Age celebration
ID 357 123 751
6.00 pm Service of Hope & Thanksgiving
St Augustine, Alston



Weekday Services (Zoom ID 357 123 751)

- ✘ Wednesday-Saturday, 9am: Morning Prayer
- ✘ Tuesday-Saturday, 5pm: Evening Prayer
- ✘ Friday, 9pm: Night Prayer (Compline)

Sunday Services

We now have a said service of Holy Communion at St Augustine's, most Sundays at 9.30 am. The 11 a.m. Zoom service will continue to be our main service for the time being.



Open for private prayer

All our parish churches are now open for private prayer:

- St John, Nenthead: Sun, 2-4pm
St John, Garrigill: Wed, 9am-4pm
Ss Mary & Patrick, Lambley: Wed, 9.30am-2.30pm
St Augustine, Alston: Wed, 2-4pm
St Jude, Knaresdale: Thu, 10am-5pm
Holy Paraclete, Kirkhaugh: Sat, 10am-4pm



This week the Church gives thanks for...

- 25th Crispin and Crispinian, Martyrs at Rome, c.287
26th Alfred the Great, King of the West Saxons, Scholar, 899
26th Cedd, Abbot of Lastingham, Bishop of the East Saxons, 664
28th Simon and Jude, Apostles
29th James Hannington, Bishop of Eastern Equatorial Africa, Martyr in Uganda, 1885
31st Martin Luther, Reformer, 1546
1ST All Saints' Day



Green Tip of the Week

October - What's on the menu?

Stick to tap water. Bottled water comes with a 320g per litre carbon footprint, whereas tap water is a mere 0.24g CO2e per litre. If you don't like the taste of your home tap water, install an under the sink water filter

Annual Church Meeting

Our Annual Parochial Church Meeting (APCM) will be on



Wed 28th Oct, 7.30pm - on Zoom.

Could you be a Churchwarden, or an Assistant Treasurer? Please have a word with Mark!

Service of Hope and Thanksgiving

for those who have died in recent times

This year we will be holding TWO services, on Sun 25th Oct and 1st Nov, both at 6pm.

If you would like to attend on 1st November, please let Mark know NOW!

Please let Mark know, too, if you would like anyone to be remembered by name.



Alston Quaker Meetings

Quaker Meetings for Worship at the Meeting House in Alston are resuming on the **fourth** Sunday of the month at 10:30 a.m., starting on 25th October.



On our website,

www.alstonmoorcofe.org.uk/worship you will find:

- ✘ readings and hymns for the coming Sunday
- ✘ readings for Morning and Evening Prayer
- ✘ booklets for Morning, Evening and Night Prayer
- ✘ Richard Pattison's pilgrimage now online!
- ✘ orders of service for the next few weeks

Download what you need, or ask for a printed copy