

Living with Covid 19

Prayer requests and candles

Please phone Mark, or email or text prayer requests to pray@mailmark.co.uk or 07474 830229.

Light a virtual candle www.churchofengland.org/life-events/funerals/light-candle or www.redemptorists.net/light-a-candle-online/

Pastoral care

If you know anyone who needs pastoral care, please let me know. I'm always happy to talk, or listen.

Practical support

For support, advice, to get supplies or prescriptions delivered etc, see www.alstonmoorhealth.org
N.B. the Alston Essentials Van is no longer running (but do contact us if you still need deliveries).

Alston Moor Food Bank

For the Alston Moor Food Bank phone 07890 345901 or email alstonfoodbank@gmail.com

Financial help

The Alston United Charities exists to help residents of Alston, Garrigill and Nenthead. Help may also be available for those in Knarsdale and Kirkhaugh from the John Stephenson trusts. Contact Mark, or email charities@alstonmoorcofe.org.uk for details.

Supporting your parish church financially

During lockdown we can't fundraise or receive collections – but we still have costs to meet. To make a donation, go to our Online Giving Page (www.alstonmoorcofe.org.uk/donate)

Or to set up a standing order, please ask Mark or your church treasurer for our bank account details.



Acknowledgements

Reflections on the readings are from *Praying the Lectionary*, copyright © 2007 James Woodward, J Leslie Houlden

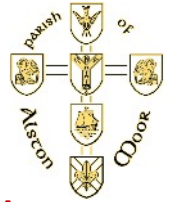
Collects, Psalms etc are from *Common Worship: Services & Prayers for the Church of England*, copyright © 2006 The Archbishops' Council

Green Tips kindly provided by the Diocese of Leeds

Most illustrations are copyright © Steve Erspamer

Parish of Alston Moor

Sunday, 18th October :
St Luke the Evangelist



Notices for this week

This week's readings

Acts 16.6–12a

Here in Luke's *Acts of the Apostles* we see a snapshot of Paul and Timothy's travels, eager to share the good news to which Luke's Gospel testifies. It seems Luke was among Paul's companions on this journey.

2 Timothy 4.5–17

Paul, proud but lonely, is in his words "on the point of being sacrificed". He has been deserted by most of his companions – but Luke remains faithfully by his side.

Luke 10.1–9

Jesus sends his disciples out in pairs to share God's peace, cure the sick and proclaim "The kingdom of God has come near to you". Luke's Gospel gives the same message.

Thoughts for prayer & reflection:

- ✘ Do we expect Jesus to guide and direct us, or do we seek to go it alone?
- ✘ The steadfast, loving support of other Christians gives us strength as we seek to follow God's call.
- ✘ Who do we know who needs to hear God's message of peace and hope?

Collect for St Luke

Almighty God,
you called Luke the physician,
whose praise is in the gospel,
to be an evangelist and physician of the soul:
by the grace of the Spirit
and through the wholesome medicine of the gospel,
give your Church the same love and power to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Next week's readings

Nehemiah 8:1-6,8-12; Colossians 3:12-17;
Matthew 24:30-35

Find this notice sheet each week at
www.alstonmoorcofe.org.uk/whatson
or see the Parish Calendar at
www.alstonmoorcofe.org.uk/calendar
www.facebook.com/alstonmoorchurches



Calendar for this week

Despite Covid-19, the Church is alive and well: finding new ways to worship, pray and serve the community.

This week we will be meeting, live or online using Zoom (<https://zoom.us>) as follows:

Password is always 111 - if it doesn't work, keep trying!

Sunday 18th October – St Luke

9.30 am Said Communion *St Augustine, Alston*
11.00 am Online Prayer & Praise *ID 357 123 751*

Thursday 22nd October

2.00 pm Nenthead ADCM *The Hive, Nenthead*

Friday 23rd October

7.30pm Lambley ADCM *ID 864 7631 4432*

Sunday 25^h October – Bible Sunday

9.30 am Said Communion *St Augustine, Alston*
11.00 am Online Holy Communion *ID 357 123 751*
3.00 pm Leadership Team meeting *ID 864 7631 4432*
6.00 pm Service of Hope & Thanksgiving
St Augustine, Alston

Weekday Services (Zoom ID 357 123 751)

- ✘ Wednesday-Saturday, 9am: Morning Prayer
- ✘ Tuesday-Saturday, 5pm: Evening Prayer
- ✘ Friday, 9pm: Night Prayer (Compline)

Sunday Services

We now have a said service of Holy Communion at St Augustine's, most Sundays at 9.30 am. The 11 a.m. Zoom service will continue to be our main service for the time being.



Open for private prayer

All our parish churches are now open for private prayer:

St John, Nenthead: Sun, 2-4pm
St John, Garrigill: Wed, 9am-4pm
Ss Mary & Patrick, Lambley: Wed, 9.30am-2.30pm
St Augustine, Alston: Wed, 2-4pm
St Jude, Knaresdale: Thu, 10am-5pm
Holy Paraclete, Kirkhaugh: Sat, 10am-4pm



This week the Church gives thanks for...

18th Luke the Evangelist

19th Henry Martyn, Translator of the Scriptures, Missionary in India and Persia, 1812



Green Tip of the Week

October - What's on the menu?

Cut back on cheese and dairy products. Cows burp methane a very strong greenhouse gas. Eat more plant based alternatives like oat or soya "milk", hummus, olives, nuts and seeds

Annual Church Meetings



Our annual meeting dates are:

Thu 22nd Oct, 2.00pm - Nenthead - at the Hive
Fri 23rd Oct, 7.30pm - Lambley - on Zoom
Wed 28th Oct, 7.30pm - Parish APCM - on Zoom

*If you are considering standing for election, speak to a Churchwarden **urgently***



The **October** issue of the **LINK** is out!

newcastle.anglican.org/link

The **October** issue of **FAITH IN THE MOOR** is out too
alstonmoorcofe.org.uk/fitm



On our website,

www.alstonmoorcofe.org.uk/worship you will find:

- ✘ readings and hymns for the coming Sunday
- ✘ readings for Morning and Evening Prayer
- ✘ booklets for Morning, Evening and Night Prayer
- ✘ Richard Pattison's pilgrimage now online!
- ✘ orders of service for the next few weeks

Download what you need, or ask for a printed copy



St Luke in the Lindisfarne Gospels

Service of Hope and Thanksgiving

for those who have died in recent times

This year we will be holding TWO services, on Sun 25th Oct and 1st Nov, both at 6pm.

Numbers will be limited because of Covid 19: please let Mark know URGENTLY if you wish to attend either.

Please let Mark know, too, if you would like anyone to be remembered by name.

