

This week the Church celebrates...

24th *Walter Hilton of Thurgarton, Augustinian Canon, Mystic, 1396*

*24th *Paul Couturier, Priest, Ecumenist, 1953*

24th *Oscar Romero, Archbishop of San Salvador, Martyr, 1980*

25th **THE ANNUNCIATION OF OUR LORD TO THE BLESSED VIRGIN MARY**

26th *Harriet Monsell, Founder of the Community of St John the Baptist, 1883*



A Song of Anselm

- 1 Jesus, like a mother
you gather your people to you; ♦
you are gentle with us
as a mother with her children.
- 2 Often you weep over our sins and our pride, ♦
tenderly you draw us from hatred and judgement.
- 3 You comfort us in sorrow
and bind up our wounds, ♦
in sickness you nurse us,
and with pure milk you feed us.
- 4 Jesus, by your dying we are born to new life; ♦
by your anguish and labour we come forth in joy.
- 5 Despair turns to hope
through your sweet goodness; ♦
through your gentleness
we find comfort in fear.
- 6 Your warmth gives life to the dead, ♦
your touch makes sinners righteous.
- 7 Lord Jesus, in your mercy heal us; ♦
in your love and tenderness remake us.
- 8 In your compassion bring grace and forgiveness, ♦
for the beauty of heaven
may your love prepare us.

from Anselm of Canterbury

Acknowledgements

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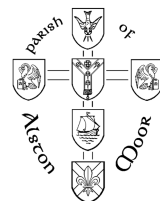
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Parish of Alston Moor

Sunday, 22nd March : Fourth Sunday of Lent Mothering Sunday



Notices for this week

This week's readings

Colossians 3.12-17

Here is Paul's ideal picture of the Christian community – a generous, kindly people, devoted to God's praise, all for the sake of Christ.

John 19.25b-27

Jesus provides for the future in his moment of death. Perhaps we should see his mother as standing for old Israel and the beloved disciple as the Church of the future, now inaugurated.

Thoughts for prayer & reflection:

- ✘ We are called to be bearers of the Good News – the Gospel. What does good news look like in the face of Covid-19?
- ✘ Can we find meaning and hope even in our present circumstances?
- ✘ Can you relate to the idea of God caring for us as a mother cares for her children?

Collect for the Week

God of compassion,
whose Son Jesus Christ, the child of Mary,
shared the life of a home in Nazareth,
and on the cross drew the whole human family to himself:
strengthen us in our daily living
that in joy and in sorrow
we may know the power of your presence
to bind together and to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Next week's readings

Ezekiel 37.1–14; Psalm 130; Romans 8.6–11;
John 11.1–45

Find this notice sheet each week at
www.alstonmoorcofe.org.uk/whatson
or see the Parish Calendar at
www.alstonmoorcofe.org.uk/calendar
www.facebook.com/alstonmoorchurches



Calendar for this week

All services and face-to-face meetings are suspended for the time being. But the Church continues to worship, to pray and to serve the community.

Prayers will be offered daily for the community in our parish churches : when you hear the bell , please join in by praying at home if you wish. Holy Communion will also be celebrated weekly for the community.

St Augustine, Alston, every day

9.00 am Morning Prayer
5.00 pm Evening Prayer

Wednesday, 25th March

9.00 am Morning Prayer *Ss Mary & Patrick, Lambley*

Thursday, 26th March

9.00 am Morning Prayer *Holy Paraclete, Kirkhaugh*
1.00 pm Funeral of Martin Wood *Nenthead Cem'y*

Friday, 27th March

9.00 am Morning Prayer *St John, Garrigill*
1.30 pm Funeral of Julie Richardson
St Augustine, Alston
5.00 pm Evening Prayer *St John, Nenthead*

Saturday, 28th March

9.00 am Morning Prayer *St Jude, Knaresdale*



Online services and meetings

This week we will be meeting online, using Zoom (<https://zoom.us>) as follows:

Daily

11.00 am Coffee break 142 024 241
3.30 pm Afternoon cuppa 142 024 241

Sunday 22nd March: Fourth Sunday of Lent – Mothering Sunday

11.00 am Mothering Sun service ID 357 123 751
5.00 pm Pastoral Visitors meeting ID 909 514 398

Friday 27th March

7.00 pm Lent group ID 465 324 259
9.00 pm Night Prayer ID 357 123 751



Next Sunday

Sunday 29th March: Fifth Sunday of Lent – Passiontide begins

11.00 am Prayer & Praise Meeting ID 357 123 751

Green Tip of the Week



March: Lent lament

✘ Join (or start) an eco-group in your church/town/village to be part of the renewal of Christ's creation. Community environmental groups need the hope that Christians can bring.

Living with Covid 19

Coming into church

Though all services have been suspended, our church buildings remain **open** to visitors .

You are welcome to go into church for quiet prayer and reflection, but please:

- ✘ Do not enter the building if you think you may have the Covid-19 virus, or have been in contact with it
- ✘ Wash your hands thoroughly before coming to church; consider using hand gel when you arrive
- ✘ Keep your distance from anyone else who may be in church - at least 2 metres (6 feet)

Please follow the NHS advice about washing hands, coughing etc ("Catch it, Bin it, Kill it").

Prayers

- ✘ You are welcome to light a candle and/or leave a prayer request in St Augustine's Church, Alston and St Mary & St Patrick's Church, Lambley.
- ✘ Candles and a place to leave prayer requests will be available in the other churches too by the end of the week
- ✘ You are also welcome to email prayer requests to pray@mailmark.co.uk or text them to 07474 830229

Pastoral care

- ✘ If you know of anyone who may be ill with the virus – or any other illness – who may need pastoral care, please contact Mark, or Richard Pattison.
- ✘ You are welcome to phone or email any of the clergy.
- ✘ If you wish to speak face to face, Mark will be available in St Augustine's (at a safe distance!) on **Saturdays** from 4pm to 5pm or by arrangement
- ✘ The Rev Keith Speck will also be available in St Augustine's on **Thursdays** from 2pm-3pm.