



**Sunday 10<sup>th</sup> March :**  
**First Sunday of Lent – Fairtrade Fortnight**

**Notices for this week**

<b>Sunday 10<sup>th</sup> March</b> <b>First Sunday of Lent</b>	9.30 am 11.00 am	<b><i>Knaresdale Second Sunday Eucharist discontinued</i></b> Morning Prayer Eucharist (Holy Communion) <b><i>followed by brief DCC meeting in church</i></b>	St John, Nenthead St Augustine, Alston
Monday 11 <sup>th</sup> March	4.00 pm	<b><i>Stations of the Cross (n.b. change of day)</i></b>	St Wulstan, Alston
Tuesday 12 <sup>th</sup> March	1.30 pm 5.30 pm 6.00 pm	Let's Cook Evening Prayer Table Tennis Club	SKS St Augustine, Alston St Augustine, Alston
Wednesday 13 <sup>th</sup> March	9.00 am 12.00 pm 5.30 pm	Morning Prayer Holy Communion <i>followed by lunch at the Angel</i> Evening Prayer	St Augustine, Alston <b><i>Old Meadow Barns</i></b> St Augustine, Alston
Thursday 14 <sup>th</sup> March	9.00 am 5.30 pm	<b><i>NO Matins (Morning Prayer) – BCP</i></b> School Assembly <b><i>NO Midday or Evening Prayer while road closed</i></b> Table Tennis Club	Alston Primary School St Augustine, Alston
Friday 15 <sup>th</sup> March	11.00 am 2.45 pm 3.30 pm 7.00 pm 9.00 pm	Churches Green Group School Assembly Evening Prayer <b><i>"Ways of Praying" Lent group starts</i></b> Compline (Night Prayer)	Parsonage Nenthead Primary School St John, Nenthead <b>Parsonage</b> St John, Garrigill
Saturday 16 <sup>th</sup> March	9.00 am 5.30 pm	Morning Prayer Evening Prayer	St Augustine, Alston St Augustine, Alston
<b>Sunday 17<sup>th</sup> March</b> <b>Second Sunday of Lent</b>	9.30 am 11.00 am 3.00 pm	Eucharist (Holy Communion – BCP) Eucharist (Holy Communion) <i>This morning we welcome the Revd Jon Russell</i> St Patrick's Day Messy Baptism ( <i>start in village hall</i> )	Holy Paraclete, Kirkhaugh St Augustine, Alston Ss Mary & Patrick, Lambley

**Today's readings**

Deuteronomy 26.1-11; Psalm 91.1-2,9-16;  
Romans 10.8b-13; Luke 4.1-13

**Next Sunday's Readings**

Genesis 15.1-12,17-18; Psalm 27; Philippians 3.17 - 4.1;  
Luke 13.31-35

**Lent**

**Stations of the Cross** will be at St Wulstan's, every **MONDAY** in Lent at **4pm**.

**The Lent Group**, "Ways of Praying" will meet Fridays, **starting Friday 15<sup>th</sup> March at 7pm** – see over.

**"Lent Pilgrim"** : for daily email reflections, or apps (Android or Apple) for Lent reflections, follow this link <https://www.churchofengland.org/lent>



A **"green" Lent**: for some green ideas for Lent, go to <https://livinglent.org> or [https://www.tearfund.org/en/lent\\_2019/](https://www.tearfund.org/en/lent_2019/)

**Electoral roll, annual church meetings and elections**

**Electoral roll forms** need to be returned to your church's electoral roll officer (Alston – Julie; Nenthead – Madeleine; Garrigill – Alison; Kirkhaugh – Pat; Knaresdale – Irene; Lambley – Daryl) **by 13<sup>th</sup> March**.

**Annual meetings**: have you considered standing for election to the local or parish church council (DCC or PCC) or as a Church Warden or sidesman? Please speak to Mark or one of the existing officers if you would like to know more

Find this notice sheet each week at [www.alstonmoorcofe.org.uk/whatson](http://www.alstonmoorcofe.org.uk/whatson)  
or see the Parish Calendar at [www.alstonmoorcofe.org.uk/calendar](http://www.alstonmoorcofe.org.uk/calendar)  
[www.facebook.com/alstonmoorchurches](https://www.facebook.com/alstonmoorchurches)

## Psalm 91

- 1 Whoever dwells in the shelter of the Most High ♦ and abides under the shadow of the Almighty,
- 2 shall say to the Lord, 'My refuge and my stronghold, ♦ my God, in whom I put my trust.'
- 9 Because you have made the Lord your refuge ♦ and the Most High your stronghold,
- 10 there shall no evil happen to you, ♦ neither shall any plague come near your tent.
- 11 For he shall give his angels charge over you, ♦ to keep you in all your ways.
- 12 They shall bear you in their hands, ♦ lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; ♦ the young lion and the serpent you shall trample underfoot.
- 14 Because they have set their love upon me, therefore will I deliver them; ♦ I will lift them up, because they know my name.
- 15 They will call upon me and I will answer them; ♦ I am with them in trouble, I will deliver them and bring them to honour.
- 16 With long life will I satisfy them ♦ and show them my salvation.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.



### Ways of Praying

In harmony with the discipling Lent Course we are also running five evenings all trying

out different forms of prayer, of tuning in to God. They'll be guided by different worship leaders each time, but you will have your own ideas and chance to share. Some will be very 'hands on' practical, some contemplative, some musical or artistic, some will engage all the senses, and some will be focussed on one memorable verse or quotation. If the weather happens to be good, we may spend some of the time outside. We're not talking about praying, just diving in and doing it. So of course God may surprise us! Like the Taizé evenings, they may turn out to be the bit of quiet and peace you need in your busy week, but they're likely to be fun and thought-provoking too. If you're interested have a word with Bar or Mark, or see notices in church.

Fridays 7pm from 15th March  
At the Parsonage, Brampton Rd.



## "The Gift of Years" – Tuesday 12<sup>th</sup> March, 2pm-4pm

A local "find-out-about-it" session about this ministry with older people will be held at Hexham Community Church on Tuesday 12<sup>th</sup> March, 2pm-4pm. If you are interested, please speak to Mark – or just go along!

## Refugee day, Saturday 6<sup>th</sup> April – volunteers wanted

On 6<sup>th</sup> April, Robin Wood activity centre and Alston Moor Solidarity with Refugees will be hosting a day for young refugees and their families. If you can help out on the day, contact Mark, or Bob White [bob.white@robinwood.co.uk](mailto:bob.white@robinwood.co.uk)

## Confirmation, Sunday 9<sup>th</sup> June

If you would like to discuss being confirmed, please have a word with Mark a.s.a.p.

## Deanery Pilgrimage, Friday 14<sup>th</sup>- Saturday 15<sup>th</sup>, Greenhead to Warden

For more information, or to book for the Friday evening social event at The Sill, contact David on 01434 608882 or by email [r.david.ratcliff@gmail.com](mailto:r.david.ratcliff@gmail.com). We will need to make bookings at The Sill very quickly.

## Recycling crisp packets, bread bags, pet food sachets and biscuit packets

We now have a bin for recycling **clean crisp packets**, **bread bags** and **pet food sachets** (any make) in St Augustine's. There is also a bin for **clean biscuit packets** at the **Cane Workshop**, Alston.

## Altar Frontals in St Augustine's

Sarah Hall has kindly agreed to form a group to make some new frontals for the moveable altar in St Augustine's. If you are interested in being involved, please contact her on 01434 381776 or at [gauber@icloud.com](mailto:gauber@icloud.com)

## Eucharistic Ministers in St Augustine's

If you would be interested in administering the chalice at Holy Communion in St Augustine's, please speak to Mark.

## Bible Society collection

*A message from John Elliot:*

As treasurer of the Alston Branch Bible Society, I thought you might like to report the result of a recent appeal which raised £235.00. This amount was contributed by personal donations and from some of the Churches in the Parish.

**Thank you to all who contributed**